BUDGETING

What is a budget?

A spending plan is called a **budget.**

Creating your spending plan **allows you to decide**, in advance, whether you will have **enough money** to do the things you need to do or would like to do.

Budgeting is the **process** of creating a **spending plan** (your budget) to spend your money.

Preparing a budget can be daunting and keeping to it even harder. However, your answer cannot be I will live day by day and it will be fine, **those who fail to plan, fail**.

The Process

Step 1: Collecting Information

The first step is to find out all that you can.

Income

Income is **money received**, especially on a **regular** basis, this could include:

- Wages, from your employer.
- Benefits, from the Government.
- Pensions, from a pension provider or the Government.
- Other income could include that from savings.

When collecting this income make sure you have include **when it is paid** and **how certain** that the payment will be made. If you are unsure, then don't include it in your budget.

Expenditure

Expenditure is the money that you pay to **cover your commitments**, **plans and wishes**. As for your income, make a list of your **commitments and record the date** when the payment has to be made. Expenditure includes (but is not limited to):

- Rent or mortgage.
- Utilities.
- Insurances.

- Loans.
- Credit Cards.
- Car and car running costs.
- Phones.
- Food.
- Entertainment.
- Clothing.
- Pets.

Step 2: Review of the Expenditure

Once you have your list of expenditure, you should decide which are essential and which are discretionary, where:

- Essential Expenditure are commitments that you must make and are for fixed amount on a specified date.
- **Discretionary Expenditures** are commitments that you have control over in terms of both the amount and need; you should be able to live without meeting this optional commitment.

Step 3: The Budget Plan

You are now ready to complete your budget plan, this is done by completing the from, and example is as shown:

Personal Budget							
Summary							
TOTAL MONTHLY INCOME	Monthly Income			Monthly Expenses			
£1,850	ITEM	DUE DATE	AMOUNT	ITEM	DUE DATE	AMOUNT	
	Wages	1st	£1,850.00	Essential Expenditure			
TOTAL MONTHLY EXPENSES	Benefits	N/A	£0.00	Rent/mortgage	1st	£600.00	
	Other	N/A	£0.00	Electric	1st	£80.00	
£1,733				Gas	1st	£40.00	
TOTAL MONTHLY SAVINGS				Council Tax	28th	£110.00	
				Water Rates	ıst	£30.00	

£o	Car loan	12th	£100.00	
CASH BALANCE	Personal loans	18th	£75.00	
	Credit cards	7th	£75.00	
£117	House insurance	14th	£45.00	
	Car Insurance	4th	£30.00	
	Car Tax	14th	£40.00	
	Mobile Phone	16th	£45.00	
	Tv Licence	15th	£13.00	
	Food	Monthly	£200.00	
	Discretionary Expenditure			
	Car running costs	Monthly	£100.00	
	Personal costs	Monthly	£50.00	
	Entertainment	Monthly	£50.00	
	Miscellaneous	Monthly	£50.00	

Step 4: Cash Flow This plan does not include planned savings, while there is a Cash Balance, we need to look at the Cash Flow before we can decide if savings is possible. **Cash Flow is the timing of the movement of money** in and out of your account. The above plan shows that there is enough cash coming in, but we need to check if it arrives at the right time.

		Day	1	2 - 7	8 -14	15 -21	22 - 31
Wages	1st	£1,850.00	£1,850.00	,		, v	Ĭ
Essential Expenditure							
Rent/mortgage	1st	£600.00	£600.00				
Electric	1st	£80.00	£80.00				
Gas	1st	£40.00	£40.00				
Council Tax	28th	£110.00					£110.00
Water Rates	1st	£30.00	£30.00				
Car loan	12th	£100.00			£100.00		
Personal loans	18th	£75.00				£75.00	
Credit cards	7th	£75.00		£75.00			
House insurance	14th	£45.00			£45.00		
Car Insurance	4th	£30.00		£30.00			
Car Tax	14th	£40.00			£40.00		
Mobile Phone	16th	£45.00				£45.00	
Tv Licence	15th	£13.00				£13.00	
Food	Monthly	£200.00		£50.00	£50.00	£50.00	£50.00
Discretionary Expenditure							
Car running costs	Monthly	£100.00		£25.00	£25.00	£25.00	£25.00
Personal costs	Monthly	£50.00			£25.00		£25.00
Entertainment	Monthly	£50.00			£25.00		£25.00
Miscellaneous	Monthly	£50.00		£12.50	£12.50	£12.50	£12.50
		Cash Balance	£1,100.00	£907.50	£585.00	£364.50	£117.00

The cash flow shows how much money you need in your account to keep to your plan. For example, on the 7th of the month you require \pounds 907.50 to ensure you can meet your commitments for the rest of the month. If you don't then you **should reduce the amount** of your **discretionary expenditure** in the budget for the rest of the month.

With an end of month cash balance of only £117, **which is less than 10%** of your income, there is **not enough resilience in your budget** plan to make planned savings. That said, if there is £117 left in your account at the end of the month, the recommendation would be to put this into a savings account. Over 12 months (provided you stick to the budget and don't spend the saving) this would be just over £1400, which could be used to fund Xmas or a Holiday, rather than putting such things on a credit card. It could be used to **reduce your debt** and as a result **reduce monthly payments** on loans and credit cards.

Looking at this budget plan, with only £117 left at the end of the month then taking on any further borrowing would be **very** risky. Further borrowing should only be considered when you have a **cash balance around 30%**, which in this case would be around £500, and even then the monthly commitment from any borrowing should not leave you with a cash balance of less than 20% of your total income.