## BUDGETING

## What is a budget?

## A spending plan is called a budget.

Creating your spending plan allows you to decide, in advance, whether you will have enough money to do the things you need to do or would like to do.

Budgeting is the process of creating a spending plan (your budget) to spend your money.
Preparing a budget can be daunting and keeping to it even harder. However, your answer cannot be I will live day by day and it will be fine, those who fail to plan, fail.

## The Process

## Step 1: Collecting Information

The first step is to find out all that you can.

## Income

Income is money received, especially on a regular basis, this could include:

- Wages, from your employer.
- Benefits, from the Government.
- Pensions, from a pension provider or the Government.
- Other income could include that from savings.

When collecting this income make sure you have include when it is paid and how certain that the payment will be made. If you are unsure, then don't include it in your budget.

## Expenditure

Expenditure is the money that you pay to cover your commitments, plans and wishes. As for your income, make a list of your
commitments and record the date when the payment has to be made. Expenditure includes (but is not limited to):

- Rent or mortgage.
- Utilities.
- Insurances.
- Loans.
- Credit Cards.
- Car and car running costs.
- Phones.
- Food.
- Entertainment.
- Clothing.
- Pets.


## Step 2: Review of the Expenditure

Once you have your list of expenditure, you should decide which are essential and which are discretionary, where:

- Essential Expenditure are commitments that you must make and are for fixed amount on a specified date.
- Discretionary Expenditures are commitments that you have control over in terms of both the amount and need; you should be able to live without meeting this optional commitment.


## Step 3: The Budget Plan

You are now ready to complete your budget plan, this is done by completing the from, and example is as shown:

| Personal Budget |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Summary |  |  |  |  |  |  |
| TOTAL MONTHLY INCOME | Monthly Income |  |  | Monthly Expenses |  |  |
| £1,850 | ITEM | DUE DATE | AMOUNT | ITEM | DUE DATE | AMOUNT |
|  | Wages | 1st | $£ 1,850.00$ | Essential Expenditure |  |  |
| TOTAL MONTHLY EXPENSES | Benefits | N/A | £o.oo | Rent/mortgage | 1st | £600.00 |
|  | Other | N/A | £o.oo | Electric | 1st | £80.00 |
| £1,733 |  |  |  | Gas | 1st | £40.00 |
| TOTAL MONTHLY SAVINGS |  |  |  | Council Tax | 28th | $£_{110.00}$ |
|  |  |  |  | Water Rates | 1st | $£_{30.00}$ |


| £o | Car loan | 12th | £100.00 |
| :---: | :---: | :---: | :---: |
| CASH BALANCE | Personal loans | 18th | £75.00 |
|  | Credit cards | 7th | £75.00 |
| $£ 117$ | House insurance | 14th | £45.00 |
|  | Car Insurance | 4th | $£_{30.00}$ |
|  | Car Tax | 14th | £40.00 |
|  | Mobile Phone | 16th | £45.00 |
|  | Tv Licence | 15th | $£_{13.00}$ |
|  | Food | Monthly | £200.00 |
|  | Discretionary Expenditure |  |  |
|  | Car running costs | Monthly | £100.00 |
|  | Personal costs | Monthly | $£_{50.00}$ |
|  | Entertainment | Monthly | $£_{50.00}$ |
|  | Miscellaneous | Monthly | $£_{50.00}$ |

## Step 4: Cash Flow

This plan does not include planned savings, while there is a Cash Balance, we need to look at the Cash Flow before we can decide if savings is possible. Cash Flow is the timing of the movement of money in and out of your account. The above plan shows that there is enough cash coming in, but we need to check if it arrives at the right time.

|  |  | Day | 1 | 2-7 | 8-14 | 15-21 | 22-31 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Wages | 1st | £1,850.00 | £1,850.00 |  |  |  |  |
| Essential Expenditure |  |  |  |  |  |  |  |
| Rent/mortgage | 1st | £600.00 | $£ 600.00$ |  |  |  |  |
| Electric | 1st | £80.00 | $£ 80.00$ |  |  |  |  |
| Gas | 1st | £40.00 | £40.00 |  |  |  |  |
| Council Tax | 28th | £110.00 |  |  |  |  | £110.00 |
| Water Rates | 1st | $£_{30.00}$ | $£_{30.00}$ |  |  |  |  |
| Car loan | 12th | £100.00 |  |  | £100.00 |  |  |
| Personal loans | 18th | £75.00 |  |  |  | $£ 75.00$ |  |
| Credit cards | 7th | £75.00 |  | $£ 75.00$ |  |  |  |
| House insurance | 14th | £45.00 |  |  | £45.00 |  |  |
| Car Insurance | 4th | $£_{30.00}$ |  | $£_{30.00}$ |  |  |  |
| Car Tax | 14th | £40.00 |  |  | $£ 40.00$ |  |  |
| Mobile Phone | 16th | £45.00 |  |  |  | £45.00 |  |
| Tv Licence | 15th | £13.00 |  |  |  | £13.00 |  |
| Food | Monthly | £200.00 |  | $£_{50.00}$ | $£_{50.00}$ | $£_{50.00}$ | $£ 50.00$ |
| Discretionary Expenditure |  |  |  |  |  |  |  |
| Car running costs | Monthly | £100.00 |  | $£_{25.00}$ | $£_{25.00}$ | $£_{25.00}$ | £25.00 |
| Personal costs | Monthly | $£_{50.00}$ |  |  | $£ 25.00$ |  | £25.00 |
| Entertainment | Monthly | £50.00 |  |  | $£ 25.00$ |  | £25.00 |
| Miscellaneous | Monthly | £50.00 |  | $£ 12.50$ | $£ 12.50$ | $£ 12.50$ | $£ 12.50$ |
|  |  | Cash Balance | £1,100.00 | $£ 907.50$ | $£_{585.00}$ | $£_{364.50}$ | £117.00 |

The cash flow shows how much money you need in your account to keep to your plan. For example, on the 7 th of the month you require $£ 907.50$ to ensure you can meet your commitments for the rest of the month. If you don't then you should reduce the amount of your discretionary expenditure in the budget for the rest of the month.

With an end of month cash balance of only $£ 117$, which is less than $\mathbf{1 0 \%}$ of your income, there is not enough resilience in your budget plan to make planned savings. That said, if there is $£ 117$ left in your account at the end of the month, the recommendation would be to put this into a savings account. Over 12 months (provided you stick to the budget and don’t spend the saving) this would be just over $£ 1400$, which could be used to fund Xmas or a Holiday, rather than putting such things on a credit card. It could be used to reduce your debt and as a result reduce monthly payments on loans and credit cards.

Looking at this budget plan, with only $£ 117$ left at the end of the month then taking on any further borrowing would be very risky. Further borrowing should only be considered when you have a cash balance around $\mathbf{3 0 \%}$, which in this case would be around $£_{500}$, and even then the monthly commitment from any borrowing should not leave you with a cash balance of less than $20 \%$ of your total income.

